**[Referat fra møte tirsdag 7. januar 2025](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20«kle%20på»%20våre%20kundebehandlere%20kunnskap%20de%20ikke%20har?%20-%20KI:%20Ikke%20for%20å%20si%20opp%20folk,%20men%20behandle%20større%20mengder%20-%20Ungdommen%20nå%20til%20dags%20er%20vel%20bevandret%20og%20bruker%20KI%20med%20den%20største%20selvfølge%20-%20Prøv%20selv%20Chat%20GPT%20og%20Google%20notebook.%20%20Arvid%20Vada%20Sekretær)**

[Sted: Levanger Rådhus Tid: Kl 1830 – 19.30 Til stede: 11 medlemmer og en gjest](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20)

[Program: KI fra en praktikers ståsted v/ Nils Aspås.](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20)

[I presidentens sykefravær ønsket forrige års president Gerd Talsnes Heggdal godt nytt år og velkommen til kalenderårets første møte. Hun informerte om at sekretæren hadde overrakt blomsterhilsen til vårt medlem Gunnar Myhr som har mistet alle sine eiendeler da kårboligen han bodde i, brant ned til grunnen.](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20)

[Stikkord fra foredraget: - Kunstig intelligens (KI/AI) er et begrep som beskriver maskiner som kan utføre oppgaver som vanligvis krever menneskelig intelligens, fra å sjakkspill til bilkjøring - Undergruppen Maskinlære:Gi datamaskinene mulighet til å lære av data F.eks. Google translate, Siri, Chat GPT, selvkjørende bil (som kommer langt ned på listen. - Hva er KI enkelt forstått? Kotrollerte simuleringer, regelbasert automatisering, arbeidsflyt - Hvorfor er vi skeptiske til KI? Elon Musk, falske nettsider og nyheter, folk kan miste jobb, dyrt å bruke KI - Advarsel: Bruk alltid kredittkort ved handling på nett. Hvis debetkort brukes, kan kontoen tømmes - Hva kan KI gjøre? Enkle oppgaver som sortering av e-post, anbefale filmer og musikk. Mer komplekse oppgaver som diagnostisere sykdommer, utvikle nye medisiner, skape kunst og musikk, kjøre bil - Ting vi jobber med: Hvordan bruke KI for å gi kundene bedre tjenester, for en mer effektiv arbeidsdag, lage oppsummering av samtaler (sekretær), identifisere flaskehalser i prosessen, «kle på» våre kundebehandlere kunnskap de ikke har? - KI: Ikke for å si opp folk, men behandle større mengder - Ungdommen nå til dags er vel bevandret og bruker KI med den største selvfølge - Prøv selv Chat GPT og Google notebook.](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20)

[Arvid Vada Sekretær](Referat%20fra%20m%C3%B8te%20i%20Levanger%20Rotaryklubb%20tirsdag%207.%20oktober%202025%20Sted%3A%09%09Levanger%20R%C3%A5dhus%20Tid%3A%20%09%09Kl%201830%20%E2%80%93%2019.30%20Til%20stede%3A%0911%20medlemmer%20og%20en%20gjest%20%20Program%3A%20KI%20fra%20en%20praktikers%20st%C3%A5sted%20v/%20Nils%20Asp%C3%A5s.%20%20I%20presidentens%20sykefrav%C3%A6r%20%C3%B8nsket%20forrige%20%C3%A5rs%20president%20Gerd%20Talsnes%20Heggdal%20godt%20nytt%20%C3%A5r%20og%20velkommen%20til%20kalender%C3%A5rets%20f%C3%B8rste%20m%C3%B8te.%20Hun%20informerte%20om%20at%20sekret%C3%A6ren%20hadde%20overrakt%20blomsterhilsen%20til%20v%C3%A5rt%20medlem%20Gunnar%20Myhr%20som%20har%20mistet%20alle%20sine%20eiendeler%20da%20k%C3%A5rboligen%20han%20bodde%20i%2C%20brant%20ned%20til%20grunnen.%20%20Stikkord%20fra%20foredraget%3A%20-%20Kunstig%20intelligens%20%28KI/AI%29%20er%20et%20begrep%20som%20beskriver%20maskiner%20som%20kan%20utf%C3%B8re%20oppgaver%20som%20vanligvis%20krever%20menneskelig%20intelligens%2C%20fra%20%C3%A5%20sjakkspill%20til%20bilkj%C3%B8ring%20-%20Undergruppen%20Maskinl%C3%A6re%3AGi%20datamaskinene%20mulighet%20til%20%C3%A5%20l%C3%A6re%20av%20data%20F.eks.%20Google%20translate%2C%20Siri%2C%20Chat%20GPT%2C%20selvkj%C3%B8rende%20bil%20%28som%20kommer%20langt%20ned%20p%C3%A5%20listen.%20-%20Hva%20er%20KI%20enkelt%20forst%C3%A5tt?%20Kotrollerte%20simuleringer,%20regelbasert%20automatisering,%20arbeidsflyt%20-%20Hvorfor%20er%20vi%20skeptiske%20til%20KI?%20Elon%20Musk,%20falske%20nettsider%20og%20nyheter,%20folk%20kan%20miste%20jobb,%20dyrt%20å%20bruke%20KI%20-%20Advarsel:%20Bruk%20alltid%20kredittkort%20ved%20handling%20på%20nett.%20Hvis%20debetkort%20brukes,%20kan%20kontoen%20tømmes%20-%20Hva%20kan%20KI%20gjøre?%20Enkle%20oppgaver%20som%20sortering%20av%20e-post,%20anbefale%20filmer%20og%20musikk.%20Mer%20komplekse%20oppgaver%20som%20diagnostisere%20sykdommer,%20%20utvikle%20nye%20medisiner,%20skape%20kunst%20og%20musikk,%20kjøre%20bil%20-%20Ting%20vi%20jobber%20med:%20Hvordan%20bruke%20KI%20for%20å%20gi%20kundene%20bedre%20tjenester,%20for%20en%20mer%20effektiv%20arbeidsdag,%20lage%20oppsummering%20av%20samtaler%20(sekretær),%20identifisere%20flaskehalser%20i%20prosessen,%20)